THE INTERNATIONAL SUMMER SCHOOL FOR TEENS

OXFORD LONDON STIRLING

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WELCOME TO ISSFT

The International Summer School for Teens provides a unique experience for young people from different nations and backgrounds to study and have fun together in a choice of beautiful, supportive and safe environments.

The all-inclusive enrichment programme is designed for students aged thirteen to eighteen. As well as English language teaching at beginner, intermediate and advanced level, students are introduced to a range of exciting and inspiring academic subjects while enjoying a full programme of sporting, creative and social activity.

Explore our breathtaking university campuses situated in Stirling, Scotland, Oxford, and London, England, offering students an unparalleled summer school experience enriched with academic, historical, and cultural immersion.



YOUR THREE WEEKS

Every student at ISSFT will enjoy a unique experience tailored to his or her interests and abilities, but this chart gives you an idea of what to expect.

A	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
09:00 - 10:00		::::::::::::::::::::::::::::::::::::::						
10:00 - 11:00					ACADEMIC CLASS			
11:00 - 12:00		GROUP ACTIVITIES						
12:00 - 13:00								
13:00 - 14:00	DAY TRIPS							
14:00 - 15:00					ELECTIVE CLASS			
15:00 - 16:00		AFTERNOON						
16:00 - 17:00	000	TRIPS		FREE TIME, WORKSHOPS, AND ORGANISED ACTIVITIES				
17:00 - 18:00	15							
18:00 - 19:00								
19:00 - 20:00	ENTERTAINMENT						ENTERTAINMENT	
20:00 - 21:00								

Schedule will vary on first day and last day to accommodate major events that we run



PROGRAMME

No matter which campus you choose -Stirling or London - you'll take one academic class each weekday morning lasting three hours, Classes include*:

- English Language (beginner to advanced)
- English Literature with Creative Writing
- Intensive English
- Global Leadership
- ✔ Global Entrepreneurship
- Study Skills (Pre IB)
- Introduction to Law & International Relations
- Environmental Sustainability

In the afternoon, you'll spend your time developing skills in the elective subject you chose at the beginning of the programme. Subjects include*:

- 🖌 Golf
- Tennis
- Theatre
- Photography
- ✓ Sports Leadership
- Soccer
- Coding and Big Data
- Basketball
- Sport and Fitness

The ISSFT experience is an enriching travel experience as well as an educational programme. So there's a whole range of fun activities for evenings, weekends and day trips to all kinds of exciting destinations.

* Please note that academic and elective programmes are campus specific. Please contact us if you would like clarification.

WHAT'S INCLUDED

Our inclusive award-winning summer programmes are designed for students from all nationalities and backgrounds aged between 13 and 18.

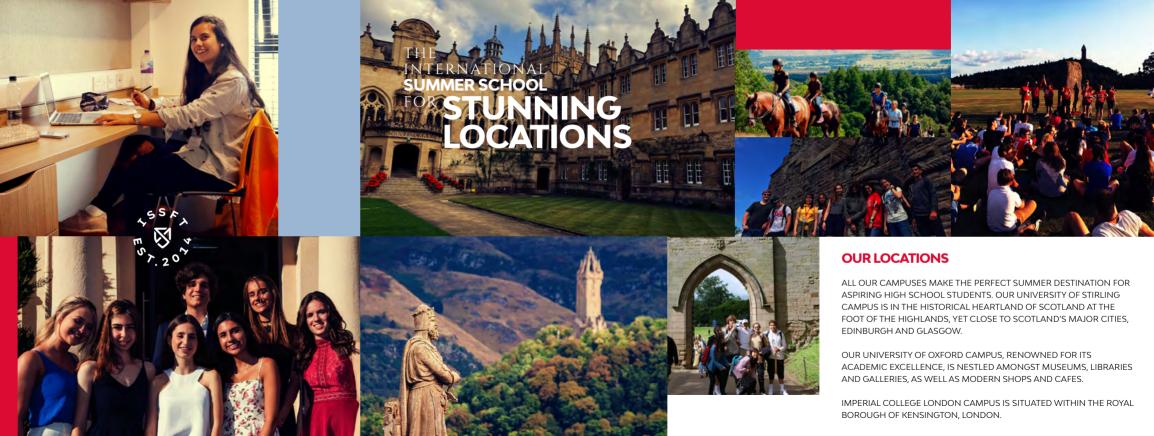
Each student has an en-suite bedroom with their own shower, toilet, and sink. They will also have a comfortable bed with fresh linen and towels as well as a study area.

All tuition, activities, entertainment and meals including off-campus excursions are part of the package, although a few activities - such as access to elite golf courses for advanced students - may be subject to availability and additional payment. Students may require a small amount of spending money for shopping and treats.

To book a place or for more information visit www.issft.com or email us at info@issft.com

Fees include:

- Modern, private accommodation
- Bedrooms are single occupancy with en-suite bathroom
- 24 hour supervision and pastoral care
- All meals
- Medical and Travel Insurance
- Up to 39 hours of academic tuition
- Up to 39 hours of elective tuition
- All course materials
- All evening and weekend games and activities
- All excursions and specialist workshops
- Final report and course completion certificate
- Secure online parent/student account
- Transfers to and from Edinburgh or London Heathrow Airport, within scheduled times
- Laundry and cleaning service (frequency dependent on location)
- ✓ Welcome Pack including ISSFT t-shirt, refillable water bottle, pen, notebook and more
- ISSFT clan t-shirt
- Formal graduation ball
- An unforgettable UK summer school experience!



WELCOMING, SAFE LOCATIONS

UNIVERSITY OF STIRLING

University of Sporting Excellence.

The University of Stirling's countryside campus is often rated amongst the most beautiful in international surveys and, as Scotland's University for Sporting Excellence, has some of the best facilities in the United Kingdom.

This is the heart of Scotland, where east meets west and the highlands meet the lowlands. Despite the rural location, the campus is only a few minutes from Stirling centre, and under forty minutes from Edinburgh, Glasgow and their respective airports.

The campus is considered one of the safest in the country, with 24 hour security. No ISSFT student is allowed to leave the campus without the consent of a school director, and pastoral care is in place round the clock.

Edinburgh Airport operates regular flights for most international airlines and offers a direct route for passengers wishing to avoid London.







UNIVERSITY OF OXFORD

The world's number one university.

Our University of Oxford campus is situated in the heart of historic Oxford. Marvel at 26 acres of award-winning gardens and woodland, including a lake, on-site sports fields, and an historic orchard.

Students can shop and socialise in the extensive range of trendy shops and buzzing cafés that make up the city centre.

The University of Oxford is one of the leading and most famous universities in the world. Oxford has educated a wide range of notable alumni, including 28 prime ministers of the United Kingdom and many heads of state and government from around the world.

Airport transfers are included to and from London Heathrow. London Heathrow is the third largest airport in the world by international passenger traffic, and operates regular flights for most destinations worldwide.



IMPERIAL COLLEGE LONDON

World top ten university.

Imperial College London is located in a safe and secure area. South Kensington is a wellestablished and affluent neighbourhood, known for its prestigious educational institutions and cultural hotspots. While it's always important to stay aware of your surroundings, just like in any urban area, you can feel confident that this part of London is frequented by students and visitors from all over the world, creating a lively and welcoming environment.

Immerse yourselves in the rich culture, beautiful surroundings, and amazing educational opportunities that Imperial College London has to offer. Embrace the excitement and let your curiosity guide you as you navigate this vibrant and safe corner of the city.

The campus is situated in leafy and affluent South Kensington with security manned 24 hours a day.

Airport transfers are included to and from London Heathrow.



THE INTERNATIONAL SUMMER SCHOOL FOR NEW EXPERIENCES

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THE INTERNATIONAL SUMMER SCHOOL FOR ACADEMIC EXCELLENCE

> LESSON 9: CLOSE READING



You'll choose one academic subject to study for three hours a day, totalling up to 39 hours of immersive class time for the duration of your stay. The subjects on offer are:

- English Language (beginner to advanced)
- English Literature with Creative Writing
- Intensive English
- Global Leadership
- Global Entrepreneurship
- Study Skills (Pre IB)
- Introduction to Law & International Relations
- Environmental Sustainability

Classes take place in a friendly team environment - you'll feel valued and supported throughout. Teachers are responsive to students' needs, starting sessions with goal setting, and ending with reflection on outcomes.



ENGLISH LANGUAGE

English is our shared language at ISSFT, with no more than 10% of students selected from any one nationality and all classes and activities conducted in English.

Formal English classes are offered at three different levels;

- 1. Pre-intermediate
- 2. Intermediate
- 3. Advanced Aademic Writing.

Intermediate classes are structured around the IELTS system.

Students work in small groups to build confidence and fluency in real life scenarios. You'll develop skills in thinking, reading, writing, listening and speaking in English. At the end of the programme, you'll get a personalised report detailing your strengths, the progress you've made and the areas you need to do more work on.





ENGLISH LITERATURE WITH CREATIVE WRITING

This class is for high school students who want to improve their creative writing skills whilst studying influential works of literature. Students will explore the creative writing process by delving into themes such as plot, setting, character development, visual description, point of view, imaginative language, and emotional appeal.

Learning outcomes include:

- Developing writing and comprehension skills in fiction, poetry, life writing and scriptwriting
- Finding your own unique literary style and writing voice
- Improving grammar and writing style
- Building overall confidence in the understanding and use of the English language

INTENSIVE ENGLISH LANGUAGE

Intensive English language sessions are conducted in a full English immersion environment and designed to promote proficient use of grammar, vocabulary, pronunciation, speaking, listening, reading, writing and conversational English.

Our classes include:

- Delivered by qualified CELTA/TEFL English teachers
- Project orientated lessons requiring students to present information to the class using their spoken language skills
- Reading from modified texts and learning various strategies to assist with comprehension
- Develop analytical skills to interpret literature and images
- Writing daily, practising grammatical structures and learning new vocabulary. (Students will write a variety of personal narratives, descriptions, reports, poems, and creative fiction)

Available at: 🖌 London 🖌 Oxford





ENVIRONMENTAL SUSTAINABILITY

The study of conservation and the future of our planet is in greater focus than ever before. Environmental issues are often seen to engage young people in particular, as it is the young who will live with the impact of climate change.

This course introduces key environmental issues, covering topics like biology, ecology, climate change and food security.

Learning outcomes include:

- Understanding how environmental issues affect society
- Development of observational, laboratory and field skills
- Development of critical analysis and problem-solving skills
- Understanding human impact on the environment

Available at: 🖌 Stirling

GLOBAL LEADERSHIP

This class introduces the study of economic, social, political and philosophical thought with the aim of having a transformative effect on students' intellectual lives. It combines some of the most fundamental approaches to understanding the world around us, developing valuable skills for future studies, as well as a wide range of careers and activities.

Learning outcomes include:

- Exploring how we make sense of the world around us
- Examining the concepts and values used in political and economic analysis
- Explaining the choices that political systems must regularly make
- Studying the effect of economics on governmental policymaking
- Discussing the conduct of businesses and pressing issues such as climate change and cyber security
- Developing effective presentation, research and writing skills
- Learning how to debate effectively and to see other points of view





STUDY SKILLS / PRE IB

This class is designed for you if you're starting the International Baccalaureate (IB), Diploma or GSCE exams after the summer. Lessons cover time-management, planning a workload, essay writing, presentation skills and exam preparation.

With specific reference to the IB, we'll discuss requirements for the extended essay, CAS and theory of knowledge.

Learning outcomes include:

- Mastering essential techniques for future study
- Gaining confidence in applying these techniques to new projects and exams
- Enjoying the learning process without feeling overwhelmed
- University Preparation
- Critical analysis skills

INTRODUCTION TO LAW & INTERNATIONAL RELATIONS

Law is not only a potential career and study subject, but also an aspect of civic life with profound and far-reaching influence on business, politics and many other spheres. Whatever you plan to do in life, a sound understanding of law will be a significant advantage.

This short course will introduce students to different types of legal theory ranging from contract law to criminal law and civil procedure.

Learning outcomes include:

- Mock trial to develop debating skills
- ✓ Study human rights and surveillance law
- Learning to present with confidence
- The basics of legal theory and their real world application
- Topics such as the different types of law, government intervention, international trade and politics
- Mock Model United Nations (MUN) session









GLOBAL ENTREPRENEURSHIP

A great class for budding entrepreneurs or aspiring business people, this course is also ideal for anyone interested in debate, problem solving and leadership.

The structure is hands-on and practical. Students suggest their own ideas and then use them to explore commercial concepts like product development, business planning, competitive advantage, customer demographics and marketing. Issues around social responsibility and environmental impact will be discussed, as well as financing and networking.

Learning outcomes include:

- An understanding of project management, strategy and teamwork
- Presentation skills that can be applied to university and job applications
- Creative thinking on a global scale
- Understanding the relationship between technology and the modern economy
- Learn more about the innovation process

Available at: 🖌 Stirling

THE INTERNATIONAL SUMMER SCHOOL FOR SPORTS ANDART



ELECTIVE STUDY

The elective element at ISSFT is the counterpart to academic classes. While still structured and disciplined, it gives students a chance to enjoy a sporting or creative activity to further develop their knowledge and skills.

You'll choose one elective at the beginning of the programme, pursuing it for three hours a day. Choose from:

- 🖌 Golf
- Tennis
- ✓ Theatre
- Photography
- Sports Leadership
- Soccer
- Coding and Big Data
- Basketball
- Sport and Fitness



GOLF

Our exclusive golf camp introduces teenagers, regardless of their ability, to some of the world's most interesting and famous courses whilst providing specialist tuition to improve their game (and handicap if applicable).

Our classes cover:

Available at: 🖌 Stirling

- Golf tuition from our PGA qualified Golf Coaches who are renowned specialists in junior golf coaching
- For Beginners, we offer a perfect introduction to golf. Our PGA coaches teach all the basics, from chipping and bunker shots to the importance of etiquette and the rules of the game
- For Intermediate to Advanced players, our specialist coaches evaluate and work with students on an individual basis to improve their game with the aim of reducing their handicap. Lessons cover swing improvement, short game, distance control and mental focus





TENNIS

Our flexible tennis programme can accommodate students of any ability while challenging each student to develop skills, fitness and strategy. Like all sports at ISSFT, learning emphasises teamwork and fun.

Students will benefit from a range of indoor and outdoor courts, which are favoured by the National Tennis Academy and have been graced by world champions such as Andy Murray, Jamie Murray and Gordon Reid.

Learning outcomes include:

- Improved technical ability and understanding
- Strategies for better focus, concentration and coordination
- Individual evaluation and improvement plan

THEATRE

Our theatre class is inclusive and open to students of all ages, levels and experience. It's perfect for anyone with a serious interest in theatre, but equally beneficial to those who may just benefit from improved confidence, communication and presentation skills.

Students work as a group to learn about different types of theatre and how they reflect the context of the cultures and ages that produced them. Theory is complemented by hands-on work culminating in a Summer School production.

Learning outcomes include:

- Improved technical ability and theoretical understanding
- ✓ Skills development
- Experience in contemporary performance
- An appreciation of forms, practices and traditions in theatre







BASKETBALL

From honing your shooting accuracy to mastering ball control and passing techniques, we'll cover all the technical skills needed to excel on the court.

Throughout the course, we will emphasize the importance of respect, discipline, and cooperation, fostering an environment where you can develop strong collaborative skills. Additionally, we will nurture your competitiveness and instil a winning mindset, pushing you to always give your best and strive for success.

Learning outcomes include:

- ✓ Developing an offensive style of play
- ✓ Understanding defensive positions
- Formations
- Technical skills passing, receiving, ball control and shooting
- Physical strength and power, endurance, speed and agility
- Teamwork respect, discipline, cooperation
- Competitiveness winning mindset
- ✓ Learn coaching skills

Available at: 🖌 Stirling

CREATIVE CODING AND BIG DATA

If you're into computer science, general science or mathematics, or you're interested in game design and app development, this coding class is for you.

The course covers the fundamentals of coding, theory, language and animation. You'll work on a range of projects, gaining an understanding of STEM subject areas for future study and career opportunities. The class will develop problem solving, teamwork and communication skills.

Learning outcomes include:

- ✓ Ability to plan and write code
- Development of problem-solving, logic and analytical skills
- An introduction to Python, CSS and HTML programming languages
- An Introduction to Data Science
- Design and application of games, apps, robotics and virtual reality

Available at: 🖌 London 🖌 Oxford





SPORTS LEADERSHIP

This class focuses on leadership through the medium of sport, teaching principles and developing skills which will have positive outcomes both on the playing field and in the wider world of work and study.

The course develops self-confidence and ability through active indoor and outdoor pursuits, with access to a wide variety of sporting facilities within a setting of beautiful British countryside. You'll develop leadership skills through teamwork, communication and goal-setting.

Learning outcomes include:

- Increased confidence and resilience
- Better teamwork and communication skills
- Improved planning and organisational skills
- Increased self-motivation

SPORTS DIFFER BETWEEN CAMPUSES, ALSO SEE SPORT & FITNESS ELECTIVE ON WEBSITE

SOCCER

Our soccer camp is suitable for players of all levels. Students will develop their tactical skills in a fun and competitive environment. With access to grass pitches as well as a 3G rubber-crumb and sandbased pitch, students will have the opportunity to play on a variety of different surfaces.

Our soccer class will help students to enhance individual fitness as well as technical ability. Students will also develop their teamwork and communication skills as part of an international mix of players.

Learning outcomes include:

- ✓ Developing an offensive style of play
- Understanding defensive positions
- Formations
- Technical skills passing, receiving, ball control and shooting
- Physical strength and power, endurance, speed and agility
- Teamwork respect, discipline, cooperation
- Competitiveness winning mindset
- Learn coaching skills
- Introduction to Futsal







PHOTOGRAPHY

Today everyone's a photographer, but there's much more to the art and science of photography than just point-and-shoot with your phone. This fun and practical elective is aimed at beginners as well as more experienced photographers. It will show you how to use a camera for the first time, or help you to explore new avenues and techniques.

The class is structured around practical assignments, which you'll be able to collate into a mini portfolio as the basis for future work and study.

Learning outcomes include:

- ✓ Understanding your digital camera
- Shooting in manual
- An understanding of exposure
- ✓ An appreciation of composition
- Improved editing and portfoliobuilding skills





ACTIVITIES AND SOCIAL EVENTS AT ISSFT

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OUR SCHOOL TAKES PLACE DURING THE SUMMER HOLIDAYS. AND FUN IS PART OF THE PACKAGE, AS WELL AS ACADEMIC. SPORTING AND CREATIVE CLASSES, ALL OF OUR PROGRAMMES INCLUDE A HUGE RANGE OF EXCITING ACTIVITIES TO HELP STUDENTS MAKE FRIENDS, RELAX AND RE-ENERGISE. THE LONG. LIGHT EVENINGS OF THE BRITISH SUMMER MEAN WE CAN OFFER PLENTY OF ACTIVITY IN THE FRESH AIR, AS WELL AS INDOORS.



Soccer

All students are required to take part, with many games and activities* split into houses to encourage team building and friendly competition. There's the chance to try new things, discover new interests and generally have lots of fun!

Activities:

- Hiking*
- Raft-building*
- Skate Boarding*
- Softball
- Swimming*
- Ultimate Frisbee
- Trampoline*
- ✓ Yoga & Martial Arts
- Dodgeball
- Badminton
- Volleyball
- Table Tennis
- Arts and Crafts
- Cookery*
- Fencing
- Horse Riding*
- Plus More

Evening Programmes:

- Talent Show
- Fashion Show
- Roller Disco
- Plus More

Brave Heart Evening Programmes:

- Dodgeball
- Ultimate Frisbee
- Basketball
- Softball
- Plus More

Final Week Evening Programmes:

- ✓ Theatre Performance
- ✓ Braveheart Challenge
- Awards Ceremony
- Ceilidh
- Graduation Ball
- Plus More

*Please note that activities vary between campuses. Please contact us for clarification.

INTERNATIONAL SUMMER SCHOOL FOR **GREAT** MEMORIES





EXCURSIONS ISSFT STIRLING

RICH IN UNSPOILT BEAUTY, FASCINATING HISTORY, CULTURE AND TRADITION, ALL OF CENTRAL SCOTLAND IS LITERALLY ON OUR DOORSTEP. OUR BUSY THREE-WEEK PROGRAMME INCLUDES TIME FOR DAY TRIPS TO MAJOR CITIES AND COMPELLING SITES - INCLUDING CASTLES, MUSEUMS AND MORE MODERN ATTRACTIONS.



Edinburah The country's capital is one of the world's most beautiful cities, with a thrilling cultural life and many fascinating museums and galleries, as well as the world-famous castle.

Glasgow

Once the Second City of Empire, Glasgow is a vibrant city with three universities. a host of major museums and some of the best shopping in the UK outside London.

Students enjoy a day of water sports and team building activities at one of Scotland's fun waterparks.

The magnificent five-star hotel and countryside estate, host of the 31st G8 summit as well as the 2014 Ryder Cup. It has no less than four golf courses, and is just over twenty minutes drive away.

Excursions will be tailored to suit the interests of students, the weather and available time, but are likely to include these destinations:

Water Sports Activity Day

Gleneagles

St Andrews

St. Andrews is a historic seaside town known for its many golf courses, including the Old Course. On a headland nearby are the ruins of St. Andrews Castle, with its medieval bottle dungeon. Students will spend the day exploring the historic buildings, relaxing on the beach, shopping, buying treats in the cafés and even trying fish and chips.

Stirling City, Castle and Wallace Monument

One of the most important and best-preserved of the royal palaces in Scotland, Stirling Castle dominates a town that's retained much of its historic architecture. Nearby, the Monument celebrates Scotland's Braveheart hero, William Wallace.



EXCURSIONS ISSFT OXFORD

OXFORD'S UNPARALLELED SURROUNDINGS, INSPIRATIONAL LANDMARKS, AND MODERN SHOPS AND CAFES, MAKE IT PERFECTLY PLACED FOR CREATING NEW MEMORIES. FURTHER AFIELD LIE SOME INTERESTING CULTURAL, HISTORICAL PLACES SUCH AS STRATFORD UPON AVON THE BIRTHPLACE OF WILLIAM SHAKESPEARE AND LEISURE ATTRACTIONS, INCLUDING A WATER PARK.





Watersports Dav Students enjoy a day of water sports and teambuilding activities on an idvllic Enalish lake

city centre.

Warwick Castle

Founded in 1068 by William the Conqueror, Warwick Castle is one of the most magnificent medieval structures in England, complete with soaring turrets, a vast portcullis, a spooky dungeon, and sky-high walls. It is also home to one of the largest private medieval weaponry collections throughout the United Kingdom

Excursions will be tailored to suit the interests of students, the weather and available time, but are likely to include these destinations:

London Experience

I ondon is blessed with a plethora of worldfamous sites and attractions. Students will have the chance to visit the London Eve. Madame Tussauds. The Tower of London. Big Ben, Harrods and plenty more. They will also have ample opportunity to shop and socialise in the extensive range of trendy shops and buzzing cafés that make up the

and offers 64 acres of beautifully landscaped gardens for students to explore.

Stratford-upon-Avon

Famed for its ties to William Shakespeare and its romanticised Tudor architecture. Stratford-upon-Avon is a market town packed with medieval history and English heritage. Of all the things to do in Stratfordupon- Avon, Shakespeare's birthplace is the star attraction. In addition to Shakespeare's house, students can explore many charming shops and cafes.

Oxford City

The centre of Oxford is dominated by prominent University colleges, along with a plethora of world-famous sites and attractions. Students will have the chance to shop and socialise in the extensive range of trendy shops and buzzing cafes that make up the city centre.

EXCURSIONS ISSFT LONDON

LONDON'S UNPARALLELED SURROUNDINGS, ICONIC LANDMARKS, AND MODERN SHOPS AND CAFÉS. MAKE IT PERFECTLY PLACED FOR CREATING NEW MEMORIES, FURTHER AFIELD LIE SOME INTERESTING CULTURAL AND HISTORICAL SITES SUCH AS HAMPDEN COURT, OXFORD UNIVERSITY, AND LEISURE ATTRACTIONS, INCLUDING THE HARRY POTTER STUDIO TOUR.



Total London Experience

city centre.

Oxford City and University of Oxford

Spend the day exploring the stunning architecture of Oxford. Students will have the opportunity to go punting and enjoy the unique mix of shops and cafés available in the city. Our trip culminates with an exclusive dinner at a traditional Oxford University College, where students will enjoy a truly magical dining experience.

Excursions will be tailored to suit the interests of students, the weather and available time, but are likely to include these destinations:

Watersports Dav

Students enjoy a day of water sports and teambuilding activities on an idyllic Enalish lake

I ondon is blessed with a plethora of worldfamous sites and attractions. Students will have the chance to visit the London Eve. Madame Tussauds. The Tower of London. Big Ben, Harrods and plenty more. They will also have ample opportunity to shop and socialise in the extensive range of trendy shops and buzzing cafés that make up the

Harry Potter Studio Tour

Step into the enchanting world of Harry Potter at Warner Bros, Studio Tour London. Explore authentic sets, uncover the secrets of spellbinding special effects, and immerse yourself in the behind-the-scenes magic of the film series. Discover Hogwarts Great Hall, venture into the Forbidden Forest, ride the original Hogwarts Express at Platform 9 ³/₄, and visit Gringotts Wizarding Bank.

Windsor Castle

Explore the breathtaking castle and its beautiful grounds while enjoying the picturesque streets and charming shops of Windsor. With a history of over a thousand years, Windsor Castle serves as one of the official residences of King Charles and is renowned as the oldest continuously inhabited castle in the world.

THE INTERNATIONAL SUMMER SCHOOL FOR TEENS

To book a place or for more information visi



